

Cone biopsy from the cervix (Conization)

Conization is performed to remove abnormal cells or to help in making a diagnosis

Procedure

The procedure is performed **under general or local anaesthesia**. A cone-shaped sample is taken from the cervix using a cauterizing wire loop or a knife.

Recovery

Recovering from the operation and anaesthesia takes a few hours at the ward. During your sick leave, you should avoid heavy physical effort. Due to a risk of inflammation, you should avoid intercourse, swimming, bathing, and using tampons for the duration of the associated vaginal discharge (1–2 weeks). It is recommended that you wash the genital area and change your sanitary pad often enough.

Treatment of pain

Usually, non-prescription painkillers are enough for home treatment.

Paracetamol

Anti-inflammatory

Strong painkiller

Other medication

Follow-up visit can be arranged to the Gynaecological Outpatient Clinic or the results are sent via mail. The next smear test is taken at the Gynaecological Outpatient Clinic after about a month.

Sick leave is 1–2 days depending on the procedure.

Contact us

If you experience inflammatory symptoms (fever, severe pain, foul-smelling vaginal discharge) or if the discharge is profuse or continues for over 2 weeks, you should contact your health centre or occupational health centre.

Gynaecological Outpatient Clinic on working days from 14.00 - 15 .00 tel. **(06) 323 2012**,
Gynaecological Ward A5 at other times tel. **(06) 323 2092**,
Day Surgery Unit A2 on working days from 07.00–17.00 tel. **(06) 323 1552**
Emergency Department at other times tel. **(06) 323 1311**
Your own health centre or occupational health centre

We wish you happy healing !